

## Knowledge translation and self-management in chronic diseases: Contexts, tools and practices

In past decades, chronic diseases have become a salient social, political and healthcare issue. Empowerment, autonomy and self-management have been defined as medical priorities for the therapeutic support and healthcare of people living with chronic disease. The ways people cope with chronic disease require heterogeneous knowledge, including lay and medical notions and skills, and interactions with a large variety of healthcare professionals and other supporting actors (relatives, friends, patients, etc.). Thus, the complexity of chronic care implies a delegation of part of the medical tasks to patients, in order to enable them to undertake by themselves effective self-care and, in so doing, to improve their quality of life. Indeed, patients' self-management of chronic diseases and their relationship with healthcare practitioners rely more and more on the use of various tools which are expected to be driven by evidence-based knowledge in order to enhance efficient and effective care and self-care. This situation needs an accurate understanding on how techniques and tools do or not contribute to this effective self-care.

In this increasingly widespread situation, knowledge translation appears to be inseparable from practices, whose understanding requires the analysis of activities in which actors are involved and tools that mediate their activity in chronic (self-)care management. A sharp focus upon practices, contexts of use and tools could thus produce a better understanding of the production, transmission, transformation and negotiation of knowledge between the actors involved in the management of chronic diseases.

This interdisciplinary conference aims at crossing concepts and empirical research on the processes through which knowledge translation takes place in the self-management of chronic diseases, with a specific scrutiny of the expected and actual functions of the tools and the context in which translation occurs, on the one hand, and of the difficulties and negotiations that people living with a chronic disease face in gaining autonomy, on the other hand. For this purpose, the conference brings together scholars working within different disciplines as well as healthcare practitioners, designers of medical devices and policy makers, i.e. actors who contribute to the on-going reflection on these salient issues.

### Organisers:

Prof. Bernard Burnand, Dr. Giada Danesi, Prof. Michèle Grossen,  
Prof. Francesco Panese, Dr. Vincent Pidoux, Mélody Pralong.

# knowledge translation and self-management in chronic diseases: contexts, tools and practices

18-19 May 2017  
University of Lausanne  
IDHEAP, room AULA


More information:  
[unil.ch/stslab](http://unil.ch/stslab)

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UNIL | Université de Lausanne  
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UNIL | Université de Lausanne  
Institut de psychologie (IP)

 IUMSP - Institut universitaire de  
médecine sociale et préventive

  
Schweizerische Akademie der Medizinischen Wissenschaften  
Accademia Svizzera delle Scienze Mediche  
Swiss Academy of Medical Sciences

 Cochrane  
Switzerland

 FNSNF  
SWISS NATIONAL SCIENCE FOUNDATION

# programme

## 18 MAY

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- 13h15–13h45 Registration
- 13h45–14h00 Opening *‘Knowledge translation in chronic disease: Healthcare issues’*  
Michèle Grossen, LARPsyDIS, University of Lausanne,  
Bernard Burnand, IUMSP, University of Lausanne/CHUV
- 14h00–15h00 Keynote lecture by Ayo Wahlberg, University of Copenhagen  
*Chronic diseases as kinds of living*
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- 15h00–17h00 Session 1: Everyday practices of/with people  
living with chronic diseases  
(Chair: Yannis Papadaniel, LACS, University of Lausanne)
- 15h00–15h30 *Analysing therapeutic education in context:  
When practitioners take a reflexive stance on their practices*  
Marcelo Dos Santos Mamed, LARPsyDIS, University of Lausanne
- 15h30–16h00 Coffee break
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- 16h00–16h30 *Technologies of compliance? Telecare technologies  
and self-management of COPD patients*  
Ivo Maathuis, Avans University of Applied Sciences
- 16h30–17h00 *Learning to manage diabetes’ risks in school*  
Mélody Pralong, STSLab, University of Lausanne
- 17h00–18h00 Keynote lecture by Anne Rogers,  
University of Manchester and Southampton  
*The power of activating personal social networks to manage health  
& well-being relevant to long term conditions:  
Optimising connections and mobilising resources*
- 18h00–18h30 Welcome drink

## 19 MAY

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- 09h00–10h00 Keynote lecture by Åsa Måkitalo, University of Gothenburg  
*Documentary practices revised: How patient-generated data  
transform consultations in hypertension care*
- 10h00–10h30 Coffee Break
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- 10h30–12h00 Session 2: About potential misfits between care strategies,  
and (self-)care practices  
(Chair: Christina Akre, IUMSP, University of Lausanne/CHUV)
- 10h30–11h00 *Obstacles and opportunities to develop chronic care programs*  
Isabelle Peytremann Bridevaux, IUMSP, University of Lausanne/CHUV
- 11h00–11h30 *The ambivalence of autonomy: between resistance and compliance*  
Claudine Burton-Jeangros, University of Geneva
- 11h30–12h00 *Between medical prescription and proscription of crisis: Thinking  
strategies and practices within the triadic space of children suffering  
from asthma or epilepsy*  
Margaux Bressan & Sarah Bonnard, THEMA, University of Lausanne
- 12h00–13h30 Lunch
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- 13h30–15h00 Session 3: Design and contextualised uses of self-management tools  
(Chair: Maria Del Rio Carral, CERPSAVI, University of Lausanne)
- 13h30–14h00 *Technologies of diabetes management: A short historical overview*  
Vincent Pidoux, STSLab, University of Lausanne
- 14h00–14h30 *The experience of @Freestyle Libre from a clinician’s point of view*  
Michael Hauschild, HEL, CHUV
- 14h30–15h00 *An ethnographic approach to @Freestyle Libre: Accounts of the uses in context*  
Giada Danesi, STSLab, University of Lausanne
- 15h00–15h30 Coffee break
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- 15h30–16h15 Keynote lecture by Trisha Greenhalgh, University of Oxford  
*The knowledge-practice gap in self-management of chronic illness*
- 16h15–16h45 Final discussion  
Moderator: Francesco Panese, STSLab/IUHMSp, University of Lausanne