

COLLOQUE DE RECHERCHE ISSR

Enquêter en sciences des religions: psychologie, sociologie et sciences sociales des migrations



UNIL | Université de Lausanne

Institut de sciences sociales
des religions

021 692 27 02

issr@unil.ch



Photo source : Unsplash

Conférence de *Heidi FRØLUND PEDERSEN*

Psychologist, Ph.D., Research Clinic for Functional Disorders
and Psychosomatics, Pain- and Headache Clinic,
Aarhus University Hospital, Denmark.

Meaning in life and health in a highly secular society: The case of patients with functional somatic syndromes.

Mardi 10 avril 2018, 17:15 - 19:00, Anthropole 5033

Meaning in life is becoming an accepted dimension when evaluating quality of life and health in general, and may be especially relevant to target clinically when individuals are suffering from crises such as chronic illness. Often meaning in life research has been embedded in a religious/spiritual framework, however, for more secular societies such as the Scandinavian the importance of having more generic ways of measuring these dimensions are pending. In this presentation data from a validation study testing the instrument "Sources of meaning and meaning in life scale" in a Danish contexts is presented and discussed. Furthermore, the talk will present the case of patients suffering from multiple functional somatic syndromes (FSS), for whom the existential dimension of life may be especially relevant to target during intervention. A clinical tool for talking with the patient about meaning in life will be presented.