

SYMPOSIUM

FRIDAY 15 MARCH 2019

MORNING

- 8:30 – 8:45 **Welcome and Introduction**
Prof. Kerstin von Plessen, Department of Psychiatry, CHUV & Unil, Lausanne
- 8:45 – 9:25 **Antecedents and risk factors of mood disorders in adolescents at high risk**
Prof. Martin Preisig ; Department of Psychiatry, CHUV & Unil, Lausanne
- 9:25 – 10:05 **The Danish High Risk and Resilience Study VIA 7 and VIA 11 – evidence for developmental lag in children at risk for schizophrenia and bipolar disorder ?**
Post-doc Dre Birgitte Klee Burton, University of Copenhagen
- 10:05 – 10:25 **Break**

Moderator : Dre Eva Villard

- 10:25 – 11:05 **Horizon Parent-Enfant (HOPE) translational program : intercepting high-risk childhood trajectories of major psychoses**
Prof. Pierre Marquet, CERVO Center & Laval University, Quebec-City; Department of Psychiatry, CHUV & Unil
- 11:05 – 11:45 **Risk and resilience in bipolar offspring; identification and intervention challenges**
Prof. Manon Hillegers, Erasmus University Rotterdam
- 11:45 – 12:10 **Testimony**
- 12:10 – 13:00 **Lunch**

AFTERNOON

Moderator : Prof. Martin Preisig

- 13:00 – 13:40 **Multisystemic therapy for Child Abuse and Neglect (MST-CAN) : a possible intervention for parents and children with mental health problems**
MS Mrs Stephanie Hefti, Division of Child and Adolescent Psychiatry, University of Basel Psychiatric Hospital
- 13:40 – 14:20 **Risk factors and resilience – perspectives and ideas for preventive strategies illustrated by the VIA Family study**
Prof. Anne Thorup, Capital Region & University of Copenhagen
- 14:20 – 14:40 **Approaches of prevention in Adultpsychiatry**
Prof. Philippe Conus, Department of Psychiatry, CHUV
- 14:40 – 15:00 **Break**

Moderator : Prof. Kerstin von Plessen

- 15:00 – 15:40 **Iks - a multidimensional approach to children and families with a parental mental**
Dr. Kurt Albermann, Centre of Social Pediatrics, Dept. of Pediatrics and Adolescent Medicine, Cantonal Hospital of Winterthur
- 15:40 – 16:20 **The CAN team (Child Abuse and Neglect Team) A multidisciplinary view on prevention**
Dr. Jean-Jacques Cheseaux, Department Woman-Mother-Child, CHUV - Dre Mathilde Morisod Harari and Dr. Carlo Delli Noci, Department of Psychiatry, CHUV
- 16:20 – 16:35 **Closing**

Welcome to this day of exchange !

Dear all,

Many individuals with psychiatric disorders or symptoms are parents of minors. The children of these may live a difficult reality, and often with a higher rate of psychiatric symptoms and problems. Wide variations of this risk for psychiatric symptoms exist, depending on the parent's diagnosis, the severity of the disease, their comorbidity and chronicity; however, protective factors, such as the child's network, the resources of the family, as well as factors of resilience play an important role.

Although the evidence concerning the importance of networking is acknowledged, health care of children, youth and adults work too often not in a coordinated way.

This is easily explained by the difference in the age of the clientele and the corresponding specialization of professionals who are often separated in their respective systems.

This day will bring together experts, as well as different actors and partners who will present their perspectives on risk factors as well as protective factors for these children. These reflections will then provide the basis for understanding national and international approaches involving early interventions to facilitate resilience in these children. The organization of this symposium offers the opportunity to share views on this complex issue.

The language of presentation will be in English.

Cher-ère-s collègues, cher-ère-s partenaires, cher-ère-s toutes et tous,

De nombreuses personnes présentant des troubles ou des symptômes psychiatriques sont des parents d'enfants mineurs. Ces derniers vivent souvent une réalité difficile avec un taux élevé de problèmes psychiques. Le risque de symptômes psychiatriques varie selon le diagnostic du parent, la lourdeur de la maladie, la comorbidité et la chronicité, également selon des facteurs de protection et de résilience comme les réseaux et les ressources de la famille, qui sont très importants.

Même si nous en savons plus concernant l'importance du travail en réseau, les systèmes de prise en charge des enfants, adolescents et adultes travaillent souvent indépendamment les uns des autres. Cela s'explique facilement par la différence d'âge de la clientèle et par la spécialisation des professionnels, souvent séparés dans leurs systèmes respectifs.

Cette journée réunira des experts ainsi que différents acteurs et partenaires qui présenteront leurs perspectives sur les facteurs de risque et de protection. Ces réflexions donneront une base pour comprendre les approches impliquant des interventions précoces visant à faciliter la capacité de résilience de ces enfants. L'organisation de ce symposium nous offre la possibilité de croiser des regards différents sur cette problématique complexe.

Le symposium sera présenté en anglais.

Une attestation sera remise à la fin de la journée.

Nous nous réjouissons de vous accueillir pour cette journée riche en échanges !

Prof. Kerstin von Plessen

**Inscription obligatoire , jusqu'au 5 mars 2019 à l'adresse :
Celine.Rodriguez@chuv.ch**

Division of Child and Adolescent Psychiatry,
Department of Psychiatry (SUPEA)

Symposium

« Children of Parents with psychiatric
disorders : strategies for prevention and
early interventions based on the existing
evidence »

15.03.2019 | 8h30 – 17h00
CHUV
Auditoire Alexandre Yersin



Speakers :

Dr. med. Kurt Albermann

Centre of Social Pediatrics, Department of Pediatrics and Adolescent Medicine,
Cantonal Hospital of Winterthur, Affiliated Academic Hospital to the Faculty of
Medicine at the University of Zurich and iks, Swiss Foundation for the Promotion of
Mental Health of Children and Adolescents

Dr. Jean-Jacques Cheseaux

Division of Pediatrics, Department Woman-Mother-Child, University Hospital of
Lausanne-CHUV, Lausanne, Switzerland

Prof. Philippe Conus

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University of Copenhagen

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Prof. Manon Hillegers

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Dre MER Mathilde Morisod Harari

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Prof. Pierre Marquet

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Department of Psychiatry and Neuroscience, University of Laval, Québec, Canada & Joint
International Research Unit in Neurodevelopment and Child Psychiatry, Lausanne
University, Department of Psychiatry of Lausanne University Hospital, Switzerland and
University of Laval, Québec, Canada

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Hospital of Lausanne-CHUV and University of Lausanne, Lausanne, Switzerland

Prof. Martin Preisig

Division of Department of Psychiatry, University Hospital of Lausanne-CHUV and
University of Lausanne, Lausanne-Geneva High-Risk Studie"

Prof. Anne Thorup

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